

## Roadmap to Spiritual Awakening. . .

### Lecture: The First Chakra

#### **Questions:**

- Q1. Are there parts of the bodily essence that hold light better than other parts?
- Q2. Why, then, do points of juncture hold more light?
- Q3. What other feature of juncture points made holding light more likely?
- Q4. Where were the chakras of the first chakra system located?
- Q5. In selecting the physical essence to create chakras, what problem had to be overcome?
- Q6. Which bodily essence was used to create the chakras?

#### **Answers:**

- A1. No single aspect of bodily essence was more or less capable of holding light than any other aspect.
- A2. All bodily essence had the same capacity for holding light, but points of juncture held more light because more light passed through them.
- A3. Because they were non-functional, their essence was inherently calm and undisturbed. The frequencies of light coming from the higher dimensions were subtle and delicate and needed a settled and peaceful space free of turbulence within which to merge with physical form.
- A4. The first chakra system included the Heart, Crown, and Base Chakras.
- A5. Some physical tissues existed in either the third or the fourth dimensions and were also able to cross back and forth between dimensions. Although these tissues

often vacillated between dimensions, they existed primarily in the third dimension. Their ability to remain in physical form, however, was challenged whenever higher light frequencies were forced into the body. The problem was that when physical forms were exposed to high vibrations of light, such as the frequencies of the soul, they were unable to retain their place on the physical plane. In response, the body's vibration immediately rose and popped out of the third dimension and into the fourth dimension.

A6. The bodily forms that were most capable of holding the light, while still remaining in the third dimension, became the physical substance used to create the chakras.

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