

The Story of Light, Path to Enlightenment

Table of Contents

Acknowledgements:	vi
Introduction	vii
Chapter 1:	1
The Beginning of Light on Earth	1
1.1 The Will of God.....	1
1.2 Light + Form = Oneness.....	3
1.3 Black: The Light of Earth	5
1.4 The Call	7
1.5 The Descent into Density.....	11
1.6 The Pact of One	13
1.7 Earth's Volunteer Light-workers.....	15
1.8 Problems Encountered in Anchoring Light	18
1.9 Innovating Physical Duality	20
1.10 Towards Enlightenment.....	24
Chapter 2:	26
The Etheric Body	26
2.1 The Etheric Magnetic Field	26
2.2 Stabilizing the Expression of Creation	29
2.3 Variations in the Etheric Field	32
2.3.1 Cause and Effect	32
2.3.2 Mindful Change.....	36
2.3.3 Energy Conductors	37
2.3.4 Stability in the Face of Change.....	41
2.4 The Protective Function	42
2.5 Change From Within	50

2.6	The Interface Function.....	54
2.7	Etheric Blueprinting.....	60
2.7.1	Karmic Encoding.....	60
2.7.2	The Miracle of Birth.....	66
2.7.3	Astrological Encoding.....	67

Chapter 3:..... 73

Starting From Scratch 73

3.1	How Do You Choose?.....	73
3.2	The Physical Body.....	74
3.3	Inventing the First Chakra.....	79
3.4	The Seed-Light.....	83
3.5	Awakening the Seed-Light.....	89
3.6	Getting Off to a Good Start.....	95
3.7	Chakra Empowerment.....	100
3.8	Choosing the Spiritual Path.....	104
3.8.1	The Perils of the Path.....	104
3.8.2	Free-Choice by Design.....	105
3.9	Connecting with Soul.....	109
3.10	Love's Role in Free choice.....	112
3.11	Love's Role in Empowerment.....	115

Chapter 4:..... 119

Empowering the Incarnation 119

4.1	The Light of Empowerment.....	119
4.2	Base Chakra: Environmental Compatibility.....	120
4.3	Pelvic Chakra: Attraction/Repulsion.....	127
4.4	Navel Chakra: Form Expansion.....	130
4.5	Heart Chakra: Love and Compassion.....	132
4.6	Throat Chakra: Truth.....	136
4.7	Third Eye: Portal of Consciousness.....	141
4.8	Crown Chakra: Thousand Petal Lotus.....	146
4.9	Refraction and Distribution.....	152
4.10	General Bodily Form.....	154

Chapter 5: 160

Enlightenment..... 160

5.1 Perspective.....160

5.2 Understanding the Light Body161

5.3 Earth's First Light Bodies.....167

5.4 Invocation: Who and How.....170